

# Protein for the Family. Bigger & Better!

Nutriline is the **world's #1** selling protein supplement brand\*



\*Source: Euromonitor International Limited, [www.euromonitor.com/amway-claims](http://www.euromonitor.com/amway-claims)

What does a child, teenager, adult and an elderly need daily for cell formation and survival?  
Protein! But, how does it benefit each age group?



### Children & Teenagers

- Strong growth and development
- Increased protection against bacteria, viruses and other pathogens
- Energy & stamina for studies and sports



### Young Working Adults

- Glowing skin, hair and nails
- Balanced energy for work + home
- Muscle-building for active adults



### Graceful Golden Agers

- Improved muscle strength
- Retained bone mass
- General health and wellness



Recommended\*\*  
Scoop Dosage

4g



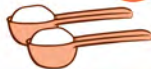
½ scoop

4g



½ scoop

16g



2 scoops

8g



1 scoop

8g



1 scoop

12g



1½ scoops

\*Family\* refers to a household of two working adults, three children/teenagers and one elderly person.  
\*\*1 scoop of Soy Protein Drink = 10g (contains 8g Protein)

## Why Nutrilite™ Soy Protein Drink (900g) – the Family Size?



A **family\*** consumes almost **70g\*\*** protein in 24 hours.



1x Soy Protein Drink (900g) will last the entire family around **13 days.**



This is almost **7 days more** when compared to buying the standard size of 450g Soy Protein Drink!

More Protein,  
Better Days!

**FOR 13 DAYS**



**2** x 450g

CP:  
**RM273.00**



**1** x 900g

CP:  
**RM254.00**

# What's in it for My Family?



**Common Foods with Lactose  
(Fresh Milk, Cheese, Yoghurt)**

Lactose intolerance means you are unable to fully digest the sugar (lactose) in milk. As a result, you may have diarrhoea, gas and bloating after eating or drinking dairy products.

Lactose-intolerance affects all age groups and in fact, occurs largely among Asians!



**Lactose-Free**



**Low-Fat**

## DID YOU KNOW?

**25g of soy protein daily lowers LDL cholesterol!**



1 scoop Soy Protein Drink



1 Egg



1 Fried Chicken (drumstick)

Fat	0.5g	6.8g	8g
Calories	40 kcal	90.2 kcal	130 kcal



**PDCAAS#  
score of 1**



**No dairy or  
animal-derived  
ingredients**



**9 essential  
amino acids**



**Vegetarian-friendly**

\*PDCAAS = Protein Digestibility Corrected Amino Acid Score, the closer to score 1, the better protein it is.

References

- myfitnesspal.com • nutriweb.org.my • mayoclinic.org/diseases-conditions/lactose-intolerance • Food and Drug Administration: Food labeling, health claims, soy protein, and coronary heart disease. Fed Reg1999 :699-733. Anderson JW, et al. Meta-analysis of the effects of soy protein intake in serum lipids. N Engl J Med 1995;333(5):276-282